OUR MISSION

To ensure no child attending ***Delaware Primary School*** *goes hungry on weekends during the school year.*

Delaware Primary School is located on the Syracuse West Side, where three out of four children live in extreme poverty - one of the city's most economically challenged neighborhoods.

All students receive free breakfast and lunch during the school week, but weekends can be uncertain. **Blessings in a Backpack** bridges the weekend hunger gap for children facing food insecurity.



Every Friday, all students receive a *Power Pack* containing seven healthy, kid-friendly, ready-to-eat foods—whole grains (cereal, granola bars, crackers), proteins (meat sticks, chicken bites, cheese planks, sunflower seeds), and fruit (applesauce, craisins.) All items meet USDA National School Breakfast and Lunch nutrition standards.

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Syracuse, NY 13207
315-475-0011
bellevueheights.org

Since 2016, Bellevue Heights United Methodist Church has supported Delaware Primary School through its Blessings in a Backpack ministry, providing weekend food for students in need.

We are a local program of Blessings in a Backpack, a national non-profit that mobilizes communities, individuals, and resources to provide weekend food for children across America who might otherwise go hungry.
Blessingsinabackpack.org

10/2026

BELLEVUE HEIGHTS UNITED METHODIST CHURCH
BLESSINGS IN A BACKPACK

Weekend feeding program for Delaware Primary School students

Celebrating 11 years!



Who will feed the kids this weekend?

bellevueheights.org

SEPT. 2026 – JUNE 2027 SCHOOL YEAR IMPACT

- ✓ **Nourishing 320 children**
- ✓ **Providing 82,880 healthy food items**
- ✓ **Ensuring 11,840 hunger-free weekends**
- ✓ **Families supported**
- ✓ **Children feeling loved by their community**

Food insecurity can affect a child's health, social development, cognitive growth, and general well-being.

Consistent nutrition leads to better test scores, improved health, and increased attendance.

Blessings in a Backpack helps children thrive – academically, socially, and physically.



"Thank you for the Blessings in a Bag. It's really nice of you. I share with my brother and sister. My favorite part is EVERYTHING." - Student

"Thank you for the food and the love - we all love you!" - Student

"Programs such as Blessings in a Backpack enable Delaware to support all students with consistent nutritious food access during the weekends, when school is not in session."
Rebecca Garofano, SCSD School Dietitian

"The snack bags help to take a burden off of me, by providing extra snacks for my children throughout the weekend. This helps me not have to worry about running out." – Parent

"I know children in poverty. I've seen young kids ask strangers for food. That stays with you. Supporting Blessings in a Backpack means fewer children have to experience that kind of hunger and uncertainty."
- Laura Mattice, supporter

WILL YOU HELP FEED THE KIDS THIS WEEKEND?

Our all-volunteer program is made possible by kind and caring people, like **YOU.**

$3.69 feeds one child for a weekend. $45,700 feeds all 320 Delaware Primary students during the current school year.

Your support ensures every child has reliable weekend food they can count on.

Join us in making a difference!

GIVE ONLINE: bellevueheights.org
GIVE BY MAIL: Use form below

Enclosed is my gift in the amount of:
___$25 ___$50 ___$136 ___$150
___$250 Other $_____ *$136 feeds one child for the school year.*
Your gift is tax-deductible

Make check payable to: Bellevue Heights UMC with BIBP in the memo. **Mail to**: BHUMC, 2112 S. Geddes Street, Syracuse, NY 13207

Name _____

Address _____

City _____ State ____ Zip _____

Email _____

Phone _____ Thank you!